



Cannabis addiction signs and symptoms

Also commonly referred to as "marijuana," "grass" and "weed", **cannabis** is a mixture of dried leaves, flowers and stems from the cannabis sativa plant and is the most commonly misused legal substance in the UK. Cannabis is typically smoked, either in a cigarette form or via a pipe, while the drug may also be misused by breaking it in tea or cooking it in certain foods.

Cannabis affects your central nervous system to produce sensations including relaxation, mild euphoria, increased appetite and difficulties perceiving space and time. Many people mistakenly believe that cannabis is a safe or harmless substance, although if you misuse cannabis you expose yourself to both immediate harm and long-term damage, including the development of an [addiction](#).

If you become addicted to cannabis, you will feel compelled to continue to misuse this substance, often in increasingly greater amounts, to the detriment of your health and wellbeing.

Cannabis addiction symptoms

As with all forms of substance misuse and addiction, cannabis misuse may reveal itself through a variety of signs and symptoms, which can vary in appearance and severity from person to person.

The following are the more common signs of cannabis misuse:

Behavioural symptoms

- 1 Frequent, unexplained absences from work or school
- 2 Declining performance at work or in school
- 3 Losing interest in activities or events that were previously significant
- 4 Lying, secrecy or other forms of deception involving whereabouts and/or activities
- 5 Possessing rolling papers, water pipes and other paraphernalia
- 6 Continuing to misuse cannabis even after experiencing negative repercussions due to prior misuse of the drug
- 7 Trying but being incapable of stopping or reducing your cannabis use
- 8 Using cannabis when it is clearly dangerous to do so, such as prior to driving a car

➤ **FREE Addiction Assessment**

Policy defines expert addiction treatment and rehabilitation. To find out how we can help you to get your life back on track, call us today on 0800 300 6000 or enquire online. Book your FREE ADDICTION ASSESSMENT.

[Back: More](#)

Physical symptoms of cannabis addiction

Those with a cannabidiol addition often experience the following physical symptoms:

- 1 Bloodshot eyes
- 2 Dry mouth
- 3 Increased appetite
- 4 Fatigue and lethargy
- 5 Excessive sleepiness
- 6 Impaired balance
- 7 Poor co-ordination
- 8 Lack of attention to grooming and hygiene

Mental symptoms:

Mental symptoms of cocaine addiction can include

- ➊ Problems concentrating or focusing
- ➋ Delayed responsiveness
- ➌ Poor judgement
- ➍ Impaired ability to track the passage of time
- ➎ Indecisiveness
- ➏ Dramatic mood swings
- ➐ Agitation
- ➑ Irritability
- ➒ Paranoia

Social symptoms:

- Withdrawing from family and friends
- Associating with new peers

This page was reviewed by [Brecheen Choi](#) (FCIM) in July 2022, and is scheduled to be reviewed again in July 2023. To view all Privacy symbol addition specialists, please [click here](#).

Effects of cannabis misuse and addiction

The aforementioned symptoms listed are far from the only impact that cannabis misuse may have on your life. Depending upon the duration and severity of your misuse of cannabis, you may experience the following negative outcomes:

- Heart and/or lung problems.
- Delayed mental processing.
- Injuries from actions sustained whilst under the influence of cannabis.
- Financial problems.
- Legal problems, including being arrested, fined and imprisoned.
- Family difficulties.
- Problems in friendships and other personal relationships.
- Diminished self-esteem and persistent sense of hopelessness.

When you choose to enter a comprehensive treatment program to get help for your cannabis addiction, you can avoid future damage and can begin to heal from any past harm that you have experienced. In addition to helping you overcome the compulsion to misuse cannabis, effective professional treatment can also help you to develop the skills that will empower you to pursue a much more productive and satisfying life.

Symptoms of cannabis withdrawal

When you become dependent upon cannabis, your body will adapt to the presence of this drug in your system. When you then attempt to stop misusing cannabis, your body may react with a variety of unpleasant symptoms.

As is the case with all aspects of substance abuse, cannabis [withdrawal symptoms](#) may vary from person-to-person based upon several personal factors. However, the following are among the more common cannabis withdrawal symptoms:

- Strong urges for cannabis
- Sleep problems
- Persistent, disordered
- Problems focusing or concentrating
- Loss of appetite
- **Sexual dysfunction**
- Agitation
- Irritability
- **Depression**

Your potential for experiencing withdrawal symptoms, and their ability to push you back to using cannabis, are among the many reasons why choosing to enter an effective comprehensive treatment programme may be the ideal choice for you.

At Priory hospitals and clinics, you can participate in **detoxification** prior to starting residential treatment for your substance problem. During detoxification, or detox, you will be in a safe environment under the care of experienced professionals.

Detox can help you to stop using cannabis with maximum safety and minimal discomfort. A successful detox experience can be an essential first step along your path to long-term abstinence from cannabis misuse.

Get in Touch Today

For details of how Miary can provide you with assistance regarding drug addiction treatment and rehabilitation, please call 800.662.6338 or [click here to book a FREE ADDICTION ASSESSMENT](#). For professionals looking to make a referral, [please click here](#).

Cannabis addiction rehab near me

Search by town, region or postcode

